

GYMNASTICS FEDERATION OF FIJI

fijigymnastics@gmail.com
PO Box 159
Pacific Harbour
Deuba
Fiji



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Gymnastics

Empowering Women in Fiji

Contact:

Darlene Underwood
President
Gymnastics Federation of Fiji
fijigymnastics@gmail.com

Brooke Kneebush
Secretary General
Oceania Gymnastics Union
bkneebush@gymnastics.org.au



The Gymnastics Federation of Fiji (GFF) is thrilled to announce the launch of a new Australian Government Pacific Sports Partnerships (PSP) innovation fund initiative, aimed at removing barriers to women participating in sport and taking on leadership opportunities whilst at the same time building on the AeroGym Fiji program - a fun and exciting activity to encourage women to want to get active and improve their fitness.

UN Women recognise sport as an important vehicle to achieving gender equality and the “Building Leadership Capacity of Women in Sport in Fiji” workshop series will focus on two priority development objectives - increased and improved leadership opportunities for women and increased participation in regular exercise to assist in preventing non-communicable disease (NCD) risk factors.

GFF is partnering with Gymnastics Australia (GA) and the Oceania Gymnastics Union to conduct a series of workshops from 29th – 31st July 2019 leading to a Showcase Performance event in September. Using Aerobic Gymnastics as a conduit, an expert from Australia will work with Fijian women with the goal to empower them as leaders in sport and other aspects of their lives.

Mentoring will be provided to participants in the period immediately following the initial training, aimed at achieving the goals of their individual action plans, providing the support they need in order to reach their own versions of empowerment.

To identify successes, learnings, opportunities and empowerment gained as a result of the activities, a series of baseline and post event interviews will be compared.

To find out more or for photo / interview opportunities contact fijigymnastics@gmail.com

