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Gymnastics Australia
Empowering Women in Samoa



In recent years, Gymnastics Australia have been leading the way in the empowerment of women in the Asia-Pacific region and this week CEO Kitty Chiller will be in Samoa to launch a Women's Leadership project. The Australian Government Pacific Sports Partnerships (PSP) innovation fund initiative is aimed at removing barriers to women participating in sport and taking on leadership opportunities whilst at the same time offering a new, fun and exciting activity to encourage women to want to get active and improve their fitness.

Titled "Building Leadership Capacity of Women In Sport," the project is a collaboration between Gymnastics Australia (GA), The Samoa Gymnastics Federation (SGF) and National University Samoa (NUS) and will be evaluated by Victoria University.

UN Women recognise sport as an important vehicle to achieving gender equality and this project will use Aerobic Gymnastics as that vehicle. Experts from Australia will work with Samoan women with the goal to empower them as leaders in sport and other aspects of their lives. A series of workshops will be conducted from 18th – 20th June 2018 leading to a Showcase Performance event in September. Mentoring will be provided to participants in the period immediately following the initial training, aimed at achieving the goals of their individual action plans, providing the support they need in order to reach their own versions of empowerment.

To identify successes, learnings, opportunities and empowerment gained as a result of the activities, VU will compare a series of baseline and post event interviews. The evaluation will be led by Associate Professor Clare Hanlon, who is recognised for her research expertise in building community capacity to encourage girls and women as leaders and participants in sport.

To find out more contact bkneebush@gymnastics.org.au

Gymnastics for All

Men's Artistic

Women's Artistic

Rhythmic

Trampoline

Aerobic

Acrobatic