

## Gymnastic trainers spread 'gospel'



A member of Gymnastic Australia is in Rarotonga to spread the "gospel" of the sport to the locals this week. Karen Norden, senior manager participation sport development, conducted sessions with primary school teachers earlier this week on the basics of the sport. These involved the performance of exercises requiring strength, flexibility, balance and control. She will be holding "come and try" sessions today at Maire Nui Park (opposite ANZ Bank) from 10am to 12 noon. Norden said their focus was on the development of coaches in countries where the sport was relatively new. More tomorrow.