

Fiji Time: 11:34 AM on Monday 12 September

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Gymnastic reps meet in Nadi

Maciu Malo

Saturday, September 10, 2016



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Olaf Allen Jr will be travelling to Korea with Roneel Prakash. Picture: FILE

A GYMNASTIC meeting is scheduled to be held in Nadi today to develop a strategic and development plan and to approve the constitution of the Oceania Gymnastics Union (OGU).

It is facilitated by Gymnastics Australia and Gymsports New Zealand.

President of Gymnastics Federation of Fiji, Darlene Underwood said the sport had a lot to offer to the people of Fiji.

"Gymnastics is not only a safe, fun and a developmental activity for people of all ages, it has many disciplines," she said.

"In the introductory stages, training in fundamental movement education is being provided to teachers in pre-schools, primary and secondary schools and to student teachers at universities.

"The vision is to build the capacity of these institutions to conduct gymnastics activities across the curriculum. Development activities are also being conducted through ministries, conducting gymnastics for fitness activities across the wider community.

"The discipline of aerobic gymnastics is particularly popular.

"Gymnastics competitions for beginners include banded rewards for all participants to encourage ongoing commitment to the sport."

She said the five foundation member federations would be represented at the meeting including Gymnastics Australia, Gymsports New Zealand, Gymnastics Federation of Fiji, Cook Islands Gymnastics Federation and the Gymnastics Federation of American Samoa.

"The Oceania gymnastics development plan is also working with the Guam Gymnastics Federation which will soon be eligible for membership with the OGU.

The second stage of the Oceania Gymnastics Development Plan involves working with Tonga and Papua New Guinea where it is anticipated gymnastics federations will be established within the next six months.

The meeting will be held at the Tanoa Hotel in Nadi.



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