

Young children offered gymnastics lessons

COOK ISLANDS Gymnastics Federation is now offering gymnastic classes for children every Monday.

The sport built its debut at the village festival in Tupapa and the federation decided to hold classes for children aged four to seven.

Federation secretary Teina Taulu said it was a great way for ex-gymnastics, teenagers, parents and families to remain involved in a timeless sport for all ages.

The federation is reviving gymnastics in the Cook Islands and they have enjoyed timely support from Australia, with a grant of over \$5,000 worth of new gymnastic sport equipment given by the Australian High Commissions direct aid programme.

At present the federation is closely working on the develop-

ment of gymnastic coaches in the Cook Islands and Karen Norden from Gymnastics Australia will be conducting a coaching course this weekend.

This will aim to further develop local coaches' expertise in the field and teachers in particular, are being encouraged to become coaches because they are so experienced in various aspects of the development of children.

If you want to develop your knowledge in the sport of gymnastics, enquiries are welcomed. Find out more by emailing taulu@oyster.net.ck or phone mobile 51249.

A new gymnastics club will be launched on July 12 in Nikao.

The children's classes will start from next week Monday, July 11 from 3.30pm to 4.30pm at the Princess Anne Hall in Terora College.

■ **Losirene Lacanivalu**



Young
in Tupapa