

Fiji Time: 2:40 PM on Monday 21 August

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Aerogym showdown for Tailevu villages

TIMOCI VULA

Monday, August 14, 2017

Update: 4:00PM FIVE villages in Tailevu will compete in an aerogym showdown this weekend, battling it out to the Aerogym Village Champions.

Gymnastics Australia development manager Oceania Brooke Kneebush said teams from the villages of Burerua, Sawakasa, Sawakasa II, Lodonu and Dakuinuku had been hard at work choreographing and practicing aerogym routines to perform in the competition.

She said a panel of judges would use set criteria to evaluate the routines for presentation and performance to determine the ultimate winning village.

Aerogym combines gymnastics skills with dance in a fast-paced, fun and energetic sport.

"But win or lose, the teams have had plenty of fun whilst improving their health and fitness through regular exercise," Ms Kneebush said in a statement.

AeroGym Fiji is an Australian government-funded Pacific Sports Partnerships (PSP) project led by Gymnastics Australia in partnership with the Gymnastics Federation of Fiji.

The project aims to address issues facing Fijians, including high levels of non-communicable diseases, low levels of physical activity and barriers to women participating in sport.

Most of the competition entrants will be women.

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USD	0.5024	0.4854

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